

# CELTIC SOCCER ACADEMY

# **CLUB PARTNER NEWSLETTER**

November 2014



# CELTIC PARTNER CLUB SPOTLIGHT: FC BOLTS CELTIC (BOSTON)

Founded in 1986, FC Greater Boston is the oldest club in Massachusetts. The Club boasts a top level, professional coaching staff, recognized and respected nation-wide. Bolts players come from throughout eastern Massachusetts, southern New Hampshire and Rhode Island.

FC Bolts Celtic's mission is to prepare and develop competent and successful college and professional soccer players by providing the highest quality soccer resources, opportunities and programs to the top soccer players in the greater Boston area.

FC Bolts is a member of the US Soccer's Developmental Academy with teams in the 3 eligible age groups U13/14, U15/16 and U17/18. The Academy plays a 10 month season with the Bolts part of the Northeast division alongside MLS clubs Montreal Impact and the New England Revolution.

FC Bolts Celtic joined into a club partnership with Glasgow Celtic FC in 2011 and we have a total of 800 youth players within the club.



www.fcbolts.com

### **ACADEMY UPDATE**

The 2004 squad are now into their 11<sup>th</sup> game of the season. The group has made a terrific start to their first Club Academy Scotland season being very consistent and producing numerous high quality displays against other academy teams.

The first period of training during August & September mainly focussed on the defensive side of the game. 1v1s, 2v2s and 3v2 and 4v3 overloads were a regular feature during a Junior Academy session. Having a real focus on player reactions and positioning defensively has helped massively when the changeover (Transition) arises.

The group has shown a fantastic attitude to training and matches. This age group is showing great potential by blending skill and high work ethic into everything they do.

Five players from the Under 11's (in the picture below) were asked to perform their 'Celtic Turns' at half time during our recent home game with Motherwell FC, much to the delight of the crowd!

#### **UNDER 11'S AT CELTIC PARK**



Top (L to R): Barry Hepburn, Ewan Blues, Liam McLeish. Bottom (L to R): Frankie Deane, Ben Summers.



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## **SESSION OF THE MONTH**

"CREATIVE PLAY: IN THE FINAL 3RD"

#### **INSTRUCTIONS**

A) Left winger drops off defender & demands ball on the half turn. Receiving ball with back foot, drive at defender, perform skill to go outside. Cut inside to invite tackle from behind or slow defender down. Finish towards far post.

B) Drop off as false 9. Receive ball on the half turn & drive at defender. Perform a skill & immediately shoot after gaining a yard.

C) Same as A but skill takes you inside. Get shot away quickly & towards far post. In area A & C, vary your approach. Work 1 area at a time, second area starts when working player beats the def/mannequin. Passer becomes receiver.

#### **PROGRESSION**

Centre back passes to B. 3v2 is created. Although we want players to focus on 1v1s, game is live and decision making must be right. Passer steps on to the play and takes the role of whatever attacker comes out.

Right Back will then pass the next ball to C. Attackers must receive the ball outside the 18 yard line.

#### **COACHING POINTS**

#### **Movement:**

- 1. Peel off at an angle & with purpose.
- 2. Check the shoulder to recognise time & space.

#### **Receiving:**

1. Receive the ball on the half turn with back foot.

#### **Dribble:**

3 S's of Attack. 1. Speed 2. Skill 3. Space.



This session is based on our Junior Academy curriculum for ages 5 – 12 years

For more information on the Celtic Club Partnership Programme contact: wmcnab@celticfc.co.uk